

ST MARYS PRIMARY SCHOOL ECHUCA - LUNCH MENU - 2019

Sandwiches & Rolls	Sandwich Price \$	Roll Price \$	Wraps	Wrap Price \$
Vegemite	\$ 2.10	\$ 2.60	Salad (lettuce, tomato, carrot, beetroot, onion)	\$ 4.20
Cheese	\$ 2.60	\$ 3.10	Chicken & Salad (lettuce, cheese & mayo)	\$ 4.20
Chicken, lettuce & mayo	\$ 3.70	\$ 4.20	Ham & Salad (cheese, lettuce & tomato)	\$ 4.20
Egg, Lettuce & mayo	\$ 3.60	\$ 4.10	Roast Beef & Salad (grated carrot, lettuce & cucumber)	\$ 4.20
Meat	\$ 3.20	\$ 3.70	Salad Boxes	Price \$
Meat & Cheese	\$ 3.70	\$ 4.20	Super salad (lettuce, tomato, carrot, beetroot, onion)	\$ 4.20
Meat, Lettuce & Tomato	\$ 3.70	\$ 4.20	Mega Salad (as above plus one of the following – meat, cheese or tuna)	\$ 5.20
Tuna, Lettuce & mayo	\$ 3.70	\$ 4.70	SNACKS	Price \$
			Fresh fruit (Apple, Banana, Orange, Pears)	\$ 1.10
			Fresh Fruit Small (small tub)	\$ 3.00
Salad (Lettuce, tomato, carrot, beetroot, onion)	\$ 3.70	\$ 4.20	Banana Muffins (GF)	\$ 3.00
			Blueberry Muffin	\$ 3.00
Biscuit cheese Platter – includes 5 dried biscuits, 2 carrot sticks, 2 celery sticks, 1 cherry tomato, 2 cheese pieces \$4.00				
All made on white bread. Whole meal available if requested. Margarine used unless requested not to have.				
<i>Meat choices available: Ham, chicken, strass, salami, beef, corn beef</i>				
Extras (each item additional) Mayonnaise (unless specified above) plus \$ 0.20				
Lettuce, beetroot, carrot, tomato plus \$ 0.30				
Cheese, ham, chicken, tuna or egg ... plus \$ 1.00				
HOT FOOD (Everyday)		Prices \$	Hot Dogs	\$ 3.30
Pies /Pasties		\$ 4.00	Savoury / Italian Rolls	\$ 2.50
Party Pies		\$ 1.60	Steam Dim Sims	\$ 1.00
Sausage Rolls (Bakery Large)		\$ 4.00	Sauce (soy or tomato)	\$ 0.25
Egg and Bacon quiches		\$2.50	Corn on cob	\$1.10
DAILY SPECIALS				Prices \$
Monday	Baked potato with coleslaw			\$ 4.00
	Fried Rice			\$ 4.00
	Ham & Cheese Croissant (HOT); OR a Ham, Cheese & Tomato Croissant			\$ 3.50
	Cheese Croissant (HOT)			\$ 3.00
Wednesdays	Spaghetti Bolognese			\$ 4.00
	Gluten Free Lasanga (Home-made)			\$ 5.00
	Pasta only with cheese (Wednesday only)			\$3.50
	Chicken Caesar Salad			\$ 5.00
	Chicken Rice Paper rolls (2)			\$5.00
	Tuna Cakes (2) and salad (lettuce, tomato, cheese)			\$5.50
Fridays	Choose from either a Cheese OR a Hawaiian Pizza (Home-made)			\$ 4.30
	Gluten Free Lasagna (Home-made)			\$ 5.00
	Thai Beef & Noodle Salad (Rice noodles, Thai beef, cucumber, pepper & mixed leaves)			\$ 5.50
	Zucchini Slice (hot or cold) and salad (lettuce, tomato, cheese)			\$ 5.00